



Corydon Dulcimer Society

"For the Love and Preservation of Traditional Music"



President - Stewart Penwell • **Vice President** - Marilyn Craig
Treasurer - Gerry Neely • **Newsletter Editor** - Terri Melton
Members at Large - Allen Rushing & Diana Kirk
Facebook Page - Marilyn Craig, Terri Melton and Stewart Penwell • **Website Manager** - Stephanie McCullum



Sugarbush Maple Syrup Festival

UPCOMING MEETINGS / EVENTS

MARCH

- 7 Slow Jam 6:00 / Regular Meeting 7:00 pm
- 14 Slow Jam 6:00 / Regular Meeting 7:00 pm
- 21 Slow Jam 6:00 / Regular Meeting 7:00 pm
- 28 Slow Jam 6:00 / Regular Meeting 7:00 pm

APRIL

- 4 Slow Jam 6:00 / Regular Meeting 7:00 pm
- 11 Slow Jam 6:00 / Regular Meeting 7:00 pm
- 18 Slow Jam 6:00 / Regular Meeting 7:00 pm
- 25 Slow Jam 6:00 / Regular Meeting 7:00 pm

OTHER LOCAL EVENTS - Ohio Valley Gathering
March 15-17, 2024, Holiday Inn, S. Hurstbourne Pkwy, Louisville, KY 40222-5707

The Benefits of Playing Instruments

Have you ever wondered why some musical experiences leave you feeling uplifted and inspired, while others leave you feeling flat and uninterested? The answer lies in the power of instruments. Instruments have been a part of human culture for thousands of years, and for good reason. They offer a wide range of benefits that can enhance our musical experiences in ways that cannot be achieved through singing or other forms of vocal expression. From improving cognitive function to promoting emotional well-being, the benefits of instruments are undeniable.

Despite the advances in technology and the availability of digital instruments, many musicians still prefer to play acoustic instruments, as they offer a unique and authentic sound that cannot be replicated by technology alone.

The use of instruments in music has been a significant aspect of human culture for thousands of years. Instruments have evolved significantly over time, from the earliest known instruments such as bone flutes and drums, to the complex and sophisticated instruments of today.

In the modern era, instruments continue to evolve, with advancements in technology allowing for new and innovative designs. Electronic instruments, such as synthesizers and digital pianos, have become increasingly popular in recent years, offering musicians a wide range of new sounds and capabilities.

In music, instruments play a vital role in shaping the sound and texture of different genres. From the gentle strumming of an acoustic guitar in folk music to the driving beat of a drum set in rock music, instruments bring life and energy to the music. Each genre has its own unique instruments and techniques that are used to create a specific sound and atmosphere.

Instruments have been an integral part of music for thousands of years, and continue to play a vital role in various genres of music. They offer numerous physical and psychological benefits, including improved coordination and motor skills, enhanced cognitive abilities, reduced stress and anxiety levels, and fostered emotional expression and well-being. Additionally, instruments can serve as powerful tools for building and strengthening communities through music, promoting cross-cultural understanding, and supporting personal growth and well-being.

Popular instruments include the guitar, piano, violin, trumpet, and drums. Exploring instrument options can be made easier with resources such as music stores, online reviews, music schools and teachers, and social media groups.

In summary, playing musical instruments can have a profound impact on emotional expression and overall well-being. Whether it's through the exploration and expression of emotions, the increase in positive emotions, or the fostering of social connections, playing instruments can be a powerful tool for enhancing mental health and overall quality of life.

Our Thoughts and Prayers



Please keep in your prayers all of our members who are having health issues at this time. Pray for the churches worldwide that they may pass on the good news and strengthen our lives.

March Birthdays



Bram Kitterman 3/12
Jeannie Lee 3/9
Walter Olin 3/6
Mandy Shireman 3/23

Funny Bones :)



POP QUIZ!!! Famous Musicians

The answer to last month's Pop Quiz was . . . Jean Ritchie! Did you get it right?

This folk artist played the mountain dulcimer in 1971 on a CBS special. Her album *Blue* served as a dulcimer introduction to many people, and a not-so-secret weapon on the album. It is the first sound you hear on opener "All I Want," and it reappears throughout on "Carey," "California" and "A Case of You." Joleen Lapidus, a fan, set off for the 1969 Big Sur Folk Festival to try and sell the Canadian songwriter one of her dulcimers, and succeeded, selling her one of her custom models for \$200.

(Answer to be revealed in next newsletter)